

**2.4.: Students Participating in NSS/ NCC/ Rovers & Rangers/ Clubs & Societies**

Sr. No	Unit	Name of Programme Officer	Session/Year	Strength
01	NSS	Prof Sandeep Kumar	2024-25	100
02	NCC	Lt. Kavita Chauhan	2024-25	53
03	R&R	Prof. Chander Prakash Pathik & Prof. Poonam	2024-25	24
04	Red Ribbon	Prof. Kavita Chauhan	2024-25	30
05	Eco Club	Dr. Jagdish Chand	2024-25	60
06	Unnat Bharat Abhiyan	Dr. Jagdish Chand	2024-25	
07	Road Safety Club	Prof. Chander Prakash Pathik	2024-25	30
08	Nalanda Subject Society: History	Prof. Sandeep Kumar	2024-25	10



1.NSS UNIT Activities 2024-25

1. *Training for NSS Volunteer on Emergency Services*



On July 14, 2024, Government College Sangrah hosted an emergency services training session for its NSS volunteers, focusing on essential skills for responding to fire incidents and road accidents. A dedicated team of emergency service professionals conducted the training, imparting crucial knowledge and practical techniques to the 15 participating NSS volunteers. The session commenced with an overview of fire safety protocols, emphasizing preventive measures and the proper use of fire extinguishers. Volunteers were instructed on how to assess fire situations, evacuate safely, and administer basic first aid for burn injuries. The training then transitioned to road

accident response, covering crucial aspects like scene assessment, victim stabilization, and basic first aid for common injuries. Volunteers were taught how to manage traffic flow, prevent further accidents, and provide comfort to injured individuals until professional help arrived. Practical demonstrations and simulated scenarios allowed the volunteers to apply their newly acquired skills, enhancing their confidence and preparedness. The emergency service team provided hands-on guidance, ensuring





that each volunteer understood the procedures and could perform them effectively. The training emphasized the importance of quick thinking, teamwork, and responsible action in emergency situations. This initiative aimed to equip the NSS volunteers with the necessary skills to act as responsible citizens and provide immediate assistance during critical incidents, reinforcing the NSS program's commitment to community service and disaster preparedness. The volunteers demonstrated a strong commitment to learning and a willingness to serve, making the training a valuable and impactful experience for all involved.

2. *Tree Plantation in Ayush Herbal Garden*

23 July 2024: work done by NSS volunteers in Ayush Garden, GC Sangrah. Digging pots for plants and maintaining the flower plants inside the garden. 27 NSS volunteers participated in this work. Make a report in 500 words in a single para





On July 23, 2024, a team of 27 dedicated NSS volunteers from Government College Sangrah engaged in a productive day of community service within the college's Ayush Garden. Their primary tasks involved the essential upkeep and enhancement of the garden's flora, specifically focusing on digging and preparing pots for new plants and meticulously maintaining the existing flower plants. The volunteers, demonstrating a strong sense of commitment and teamwork, began their work early in the morning, arriving at the Ayush Garden with enthusiasm and a shared goal of contributing to its beauty and functionality.



3. Tree Plantation Drive by NSS Unit



initiative, demonstrating their commitment to

On September 28, 2024, Government College Sangrah's NSS volunteers conducted a plantation drive within the Ayush Herbal Garden, contributing to its biodiversity and ecological balance. A total of 34 volunteers participated in the





environmental stewardship. The drive focused on introducing a variety of plant species, including banana, touch-me-not, hibiscus, and several medicinal plants.

4. सात दिवसीय विशेष शिविर एन एस एस

आज दिनांक 30-11-2024 को राजकीय महाविद्यालय संगडाह, सिरमौर की शहीद भगत सिंह इकाई का सात दिवसीय विशेष शिविर आरम्भ हुआ। इस एक दिवसीय शिविर में एन एस एस इकाई के 52 स्वयंसेवियों ने भाग



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लिया। शिविर का आरम्भ उद्घाटन समारोह से किया गया जिसके मुख्यतिथि कार्यकारी प्राचार्य डॉ देवराज शर्मा जी थे। सबसे पहले इकाई की हेड गर्ल तनु द्वारा सभी गणमान्य लोगों और स्वयंसेवियों का स्वागत किया गया और मुख्यतिथि को बैज पहनाये गये। तत्पश्चात एन एस एस प्रभारी श्री संदीप कुमार द्वारा एन एस एस शिविर

की संक्षिप्त रूपरेखा प्रस्तुत की और इस शिविर के उद्देश्यों का भी वर्णन किया। समारोह के बाद महत्मा गांधी द्वारा सम्पूर्ण महाविद्यालय के प्राध्यापकों, गैर-प्राध्यापकों और छात्रों को सूजी का हलवा खिला कर इस शिविर को आरम्भ किया। इस अवसर पर डॉ जगपाल तोमर, प्रो अजय, प्रो अम्बरा देवी, प्रो विनोद, प्रो मनोज, प्रो पूनम, और प्रो पथिक जी उपस्थित हुए।



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2.NCC UNIT Activities 2024-25

1. NCC RANKING CEREMONY

The NCC (National Cadet Corps) Ranking Ceremony was held at GC Sangrah on dated 12/08/24. This event celebrated the hard work, discipline, and achievements of the cadets while formally acknowledging their ranks.



Program Schedule

1. **Opening Ceremony** : The event began with a march -past by NCC cadets, followed by the NCC anthem.
2. **Welcome Address**: Cadet Kareena, delivered an inspiring speech emphasizing the importance of the NCC in fostering leadership and patriotism.
3. **Rank Distribution**: The cadets were conferred with ranks such as Senior Under Officer (SUO), Under Officer (JUO), CQMS (Company Quarter Master Sergeant), SGT (Sergeant), CPL (Corporal), LCPL (Lance Corporal). The ranks were presented by the chief guest honorable Principal Dr. Devraj Sharma and by all other professors present over there.
4. **Chief Guest's Speech**: The chief guest commended the cadets for their dedication and encouraged them to uphold the spirit of service and discipline. The event concluded with the national anthem and a group photograph. **Total 48 cadets were present in the ranking ceremony.**

Highlights: On the basis of ranking competition score which was held on 10th August 2024 the following ranks were given to the respective cadets:

- LCPL (Lance Corporal) – Sangeeta – B.A. 2nd Year
- LCPL (Lance Corporal) – Sapna Bhardwaj – B.A. 2nd Year
- CPL (Corporal) – Pallavi Jain – B.A. 3rd Year
- CPL (Corporal) – Babita Devi – B.A. 2nd Year
- SGT (Sergeant) – Nisha – B.A. 3rd Year
- SGT(Sergeant) – Ankita Sharma- B.A. 2nd Year
- CQMS (Company Quarter Master Sergeant)- Neha Kumari – B.A.3rd Year
- U.O. (Under Officer) – Palak – B.A. 3rd Year
- U.O. (Under Officer) – Muskan Sharma – B.A. 3rd Year
- S.U.O (Senior Under Officer) – Kareena – B.A. 3rd Year





2. HAR GHAR TIRANGA

The NCC unit of GC Sangrah actively participated in the **Har Ghar Tiranga** campaign as part of the **Azadi Ka Amrit Mahotsav** initiative. The campaign, held on 14th August, 2024, aimed to instill a sense of patriotism and unity among citizens by encouraging them to hoist the national flag at their homes. The NCC cadets played a pivotal role in spreading awareness and ensuring the campaign's success in and around the college. Total 35 cadets of NCC unit spread awareness in nearby college areas and also awared the college students. The campaign was conducted under the guidance of NCC CTO Prof. Kavita Chauhan .

The primary objectives of the campaign were:

1. To promote awareness about the significance of the national flag.
2. To inspire



Objective

citizens to participate in this patriotic initiative.

3. To foster a sense of unity and national pride among students and the





3. *LECTURE ON WOMEN HYGIENE BY MISS GEETA SINGH FROM TIENS INDIA INTERNATIONAL HEALTH INDUSTRY*

Today, on 30th August, 2024, a session on women hygiene was taken by Mrs. Geeta Singh and her entire team from **Tien's India International Health Industry**. In her talk, she mainly focus on Vaginal and uterus cancer. She gave a practical demonstration on the use of whisper and airiz pads by taking water as liquid. Through this, she completely showed the significance of using airiz instead of whisper and also explain how airiz is more whisper.

यंगवार्ता न्यूज़ - संगड़ाह 31-08-2024

राजकीय महाविद्यालय संगड़ाह में छात्राओं के लिए महिला स्वच्छता एवं स्वास्थ्य पर आधिरित एक दिवसीय जागरूकता शिविर का आयोजन किया गया। इस सत्र में मुख्य वक्ता के रूप में टीआईआईएचआई की सदस्य गीता सिंह मौजूद रही।

गीता सिंह ने महाविद्यालय की छात्राओं को योनी व गर्भाशय में होने वाले कैंसर तथा माहवारी के समय बरती जाने वाली सावधानियों के विषय में विस्तार से जानकारी दी। इस दौरान विभिन्न प्रतियोगिताओं का भी आयोजन किया गया।

कार्यक्रम में महाविद्यालय की करीब 200 छात्राएं उपस्थित रही। इस सत्र के आयोजन की जिम्मेदारी प्रो अम्बरा, प्रो कविता चौहान, प्रो पूनम व कुमारी अनीता ने की।





4. *ONE DAY CLEANLINESS CUM PLANTATION CAMPAIGN*

A successful Cleanliness cum Plantation Drive was organized at Ayush Garden on dated 2nd August 2024 in collaboration with all other units and clubs and faculty members. The initiative aimed to promote environmental awareness and contribute to a cleaner and greener campus. The NCC cadets, along with other units and clubs, divided themselves into groups and four sections of the garden also divided and given to each unit and club in order to carry out various tasks effectively. A total of **37 NCC cadets** participated in the whole drive

Cleanliness Drive:

- The cadets cleaned the pathways, lawns, and surrounding areas of Ayush Garden.
- Plastic waste, dry leaves, and other litter were collected and segregated for proper disposal.
- Dustbins were cleaned, and awareness was created about reducing single-use plastics.

Plantation Drive:

- Over 20 saplings, including medicinal,



flowering, and shade-providing trees, were planted in designated areas.

- Eco-friendly manure was used to enrich the soil, ensuring better growth of the plants.

The participants displayed great enthusiasm and teamwork throughout the event. Faculty members guided the cadets on maintaining the garden and instilling a sense of responsibility toward nature. During this drive, Dr. Jagpal Singh Tomar, NCC CTO Prof. Kavita Chauhan, NSS incharge Prof. Sandeep K Kanishk, Rover and Ranger incharge Prof. Chander Prakash Pathic and Prof. Poonam were present over there for the guidance.

5. *TRAINING CLASS BY HAV SIDHARTH & SM KAISHAV SHARMA*

On dated 3rd August 2024, a special training class for the NCC cadets was conducted under the guidance CTO Prof. Kavita Chauhan by PI Hav. Sidharth and SM Kaishav Sharma. The session aimed to enhance the

skills, discipline, and overall understanding of the cadets regarding NCC activities and responsibilities.





Agenda of the Training:



1. Drill Practice:

Cadets were trained in basic and advanced drill movements to improve synchronization and discipline. Special emphasis was placed on coordination, posture, and precision during drills.

2. Weapons Training:

The cadets were introduced to handling and maintenance of standard NCC weapons. ○ Hav. Sidharth demonstrated the proper techniques for assembly and disassembly of rifles, ensuring safety protocols were adhered to.

3. Leadership and Teamwork Exercises:

SM Kaishav Sharma conducted interactive sessions on leadership qualities and the importance of teamwork. ○ Practical activities were carried out to instill problemsolving and decision-making skills among the cadets.

Participation and Response: The cadets actively participated in all activities and showed keen interest in learning from the experienced trainers. They performed drills with great enthusiasm and were attentive during the theoretical sessions. The trainers appreciated the cadets for their dedication and encouraged them to maintain the same spirit in future activities. During training session **total 37 cadets** were present and the session was ended with NCC song.





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3. Road Safety Club Activities 2024-25

गतिविधि संख्या 1

सर्वप्रथम दिनांक 13-08-2024 को महाविद्यालय के सभागार कक्ष में रोड सेफ्टी क्लब की कार्यकारिणी 2024-25 का गठन किया गया तथा साथ ही सड़क सुरक्षा की शपथ ग्रहण की गई।



गतिविधि संख्या 2

15-08-2024 को महाविद्यालय में स्वतंत्रता दिवस समारोह मनाया गया। जिसमें सड़क सुरक्षा क्लब के छात्रों ने भी भाग ग्रहण किया।



गतिविधि संख्या 3

दिनांक 24-08-2024 को सड़क सुरक्षा क्लब द्वारा एक रैली का आयोजन किया गया। जिसमें महाविद्यालय के अधिकांश विद्यार्थियों ने भाग ग्रहण किया।



गतिविधि संख्या 4

दिनांक 03-09-2024 को सुरक्षित पैदल यात्री विषय पर व्याख्यान प्रदान किया गया।



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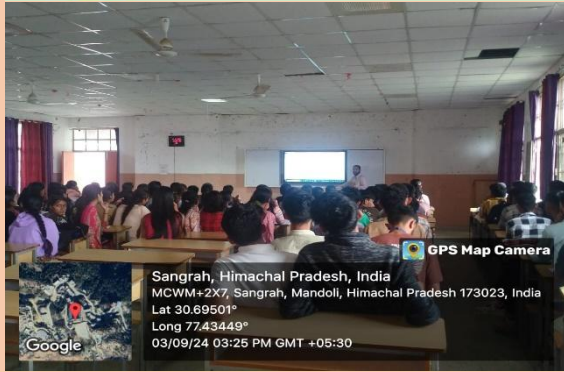
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गतिविधि संख्या 5

दिनांक 07-09-2024 को महाविद्यालय के खेल मैदान तथा परिसर में दिशा निर्देश सूचक बोर्ड को स्थापित किया गया |



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Govt. College Sangraha
Distt. Sirmour H P

Dr. Meenu Bhaskar
Parinicipal
Govt. College Sangraha

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The following students were served refreshment @Rs. 25/- (Rs. Twenty Five Only) on 13-08-2024 for Constitute the Body of RSC and take pledge of Road Safety Club.				
Sr. No.	Name of Student's	Class	Roll No.	Signature
1	Sudhi Thakur	B.A. 1st year	24502002	
2	Sakshi	"	24512014	
3	Sachin	B.A. 1st year	24515013	
4	Karan	B.A. 1st year	24513010	
5	Abhishek	B.A. 1st year	24512000	
6	Arka	B.A. 1st year	24514010	
7	Arka	"	24513001	
8	Arka	"	24513001	
9	Arka	"	24513001	
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39	Neha	B.A. 1st year	24513044	W/C
40	Rohit	B.A. 1st year	24510005	B.A. 1st year
41	Ashwani Chohan	B.A. 1st year	24521024	B.A. 1st year
42	Pooja	"	24521024	B.A. 1st year
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Sl. No.	Name of Student's	Class	Roll No.	Signature
1	Rohit Kumar	B.A. 1st year	24510001	
2	Rohit Kumar	B.A. 1st year	24510002	
3	Mouli Chauhan	B.A. 1st year	24510003	
4	Rohit Kumar	B.A. 1st year	24510004	
5	Rohit Kumar	B.A. 1st year	24510005	
6	Rohit Kumar	B.A. 1st year	24510006	
7	Rohit Kumar	B.A. 1st year	24510007	
8	Rohit Kumar	B.A. 1st year	24510008	
9	Rohit Kumar	B.A. 1st year	24510009	
10	Rohit Kumar	B.A. 1st year	24510010	
11	Rohit Kumar	B.A. 1st year	24510011	
12	Rohit Kumar	B.A. 1st year	24510012	
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58	Rohit Kumar	B.A. 1st year	24510058	
59	Rohit Kumar	B.A. 1st year	24510059	
60	Rohit Kumar	B.A. 1st year	24510060	
61	Rohit Kumar	B.A. 1st year	24510061	
62	Rohit Kumar	B.A. 1st year	24510062	
63	Rohit Kumar	B.A. 1st year	24510063	
64	Rohit Kumar	B.A. 1st year	24510064	
65	Rohit Kumar	B.A. 1st year	24510065	
66	Rohit Kumar	B.A. 1st year	24510066	
67	Rohit Kumar	B.A. 1st year	24510067	

4. Rovers And Rangers Unit Activities 2024-25

1.

1. Cleanliness Drive

On Dated 02 August, 2024, a cleanliness drive was organized at Govt. College Sangrah to clear the overgrown shrubs, thorny bushes and vegetation that had spouted around the campus during the monsoon season.

35 Rovers & Rangers enthusiastically participated in the drive, collecting waste and clean the entire campus of the college.

The initiative aimed to maintain the cleanliness and visual appeal of the college premises while also ensuring a safer environment for students and staff. The event saw enthusiastic participation from various college units, including Rovers & Rangers and other students clubs, who actively contributed to the efforts.





During this drive Prof. Ambra mam, Prof. Manoj, Prof. Kavita and Incahrge of R&R Prof. Chander Prakash Pathik and Prof. Poonam were also present there. Their collective dedication highlighted the importance of environmental responsibility and teamwork in maintaining a clean and green campus.

Greeny
Principal
Govt. College Sangrah
Distt. Sirmour H P



2. Independence Day Celebration

On 15 august, 2024, the Govt. Sangrah celebrated Independence Day with great enthusiasm and patriotism. The event was marked by various activities, including Flag-hosting, Cultural programs and speeches. The ceremony began with the flag hosting, where the national flage was hoisted by our Principal **Dr. DevrajSharma.**

20Rovers&Rangers participated in the flag hosting parade, led by NCC Unit Seiner sunder Officer Karina.

This was followed by cultural programs and speeches by the college students, in which volunteers from the Rovers & Rangers unit also participated. The students showcased their talent through patriotic songs, folk dances and impactual speeches.





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GPS Map Camera

Sangrah, Himachal Pradesh, India

MCWM+4XC, Nahar Rd, Jaogadhar, Sangrah, Mandoli, Himachal Pradesh 173023, India

Lat 30.695062°

Long 77.434448°

30/08/24 12:41 PM GMT +05:30



GPS Map Camera

Sangrah, Himachal Pradesh, India

MCWM+2X7, Sangrah, Mandoli, Himachal Pradesh 173023, India

Lat 30.694943°

Long 77.434448°

15/08/24 12:52 PM GMT +05:30



Geeta Singh
Principal
Govt. College Sangrah
Distt. Sirmour H P

3. Health Awareness session on Ladies' Uterus Cancer and Hygiene

On August 30, 2024 at Government College Sang rah, Ms. Gaeta Singh and her team from Tines India International Health industry conducted an awareness session for female's students. The session focused on physical education, uterus cancer awareness and hygiene. During this session Prof. Poonam (In charge Rangers Unit) and NCC CTO Kavita Chauhan were also present. **21Girls** from the college's rangers unit participated in this health awareness event. Ms. Geeta Singh provided important information about physical education and menstrual hygiene. She explained the difference between Whisper and Aires Sanitary pads and highlighted the benefits of Aires pads. Additionally, she discussed the possible Health risks of using Whisper pads, such as



GPS Map Camera

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infections and an increased risks of Urinary or Uterus cancer. She also mentioned that Aries pads contain a special chip that helps protect against various health problems.

This session helped students gain valuable knowledge about hygiene and health risks associated with different sanitary products.



Greeny
Principal
Govt. College Sangrah
Distt. Sirmour H P



4. Pits Making and Tree Plantation in the Ayush Garden

On **28 September, 2024**, a pits making and tree plantation drive was organized in the Ayush Garden of Government College Sangrah by Rovers & Rangers unit. **30 Rovers & Rangers** volunteers from the college first dug pits in Ayush Garden, then planted sapling. Various locally available plants were planted to enhance the greenery and beauty of the garden.

This activity was carried out under the guidance of Dr. Jag pal Singh Tomar, Coordinator of Ayush Garden.

After planting the saplings, rovers and Rangers volunteers applied cow dung as fertilizer to support the plants. To make the garden more attractive, flowers were planted around the area.



This initiative aimed to promote environmental awareness among students and encourage them to contribute to nature conservation.



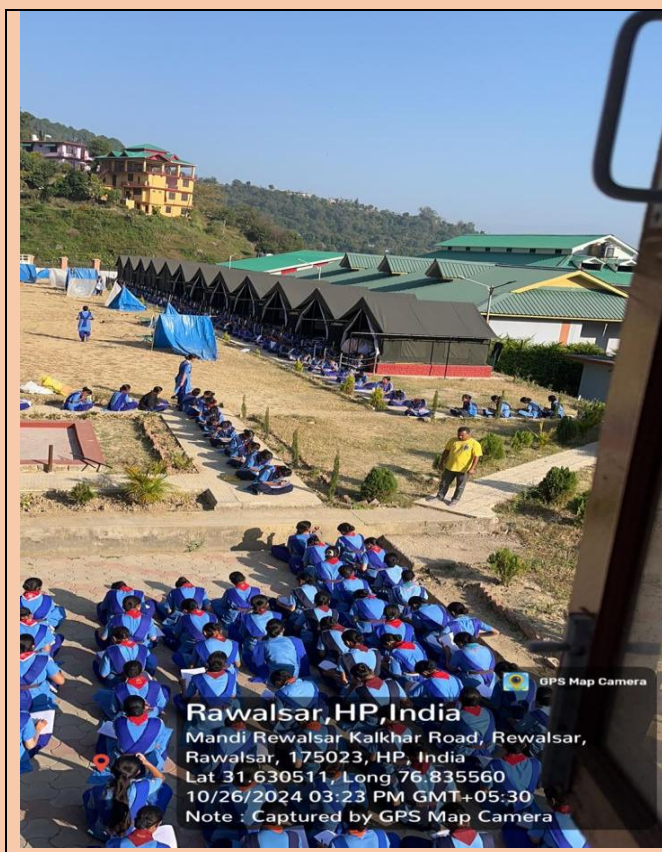
Greeny
Principal
Govt. College Sangrah
Distt. Sirmour H P



5. *Nipun Testing Camp (Rangers)*

The Rangers Unit of Government College Sangrah participated in State Level Nipun Testing Camp organized in State Training Center Rewalsar, Mandi (H.P.) which was held between 23rd October to 27th October, 2024 under the banner of Bharat Scout & Guides. Total Eight (08) **Rangers** participated in this Camp whose names are- Neelam, Mamta, Neha Sharma, Nitisha Sharma, Ritika, Babita, Ancahl Panwar and Pooja.

The Camp aimed to enhance their skill in Scouting and leadership. The Camp is a key part of the Bharat Scout and Guides' progressive training scheme.



The camp typically includes various activities to assess and enhance their skill in scouting, including leadership, first aid, pioneering techniques, map reading and other essential skill. Participants learn time management and problem solving skill.

Nipun Testing Camp (Rovers)

In the ongoing activities of Bharat Scout and Guides Unit Sangarh **Eight Rovers** Participated in Nipun Testing Camp Held at Rewalsar, Mandi. Nipun Testing Camp is a significant step in the progressive training scheme of the Bharat Scouts and Guides, aimed at enhancing their skill in essential Scouting and leadership qualities. It marks a significant step in testing their knowledge, abilities and commitment



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to the Scouting ideas



The Camp was held at the State Training Center, Rewalsar, District Mandi, (H.P.), from **10th November to 14th November, 2024**. Activities in this camp included orienting, campsite setup, first aid challenges and knot typing. All the eight Rovers of our unit showcased exemplary devotion and dedication in enhancing their skill, resilience and teamwork.



Names of those who participated in the Rovers camp are- Manoj Kumar, Kartik Sharma, Arun, Shubham, Akshy Kumar, Aman Thakur, Ashok Kuma and Sushant.

Ajseem
Principal
Govt. College Sangrah
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Annual Athletic Meet (2025)

The Annual Athletic Meet of GC Sangrah was successfully held on **February 22, 2025** with great enthusiasm. The event took place in the college ground, where students from various unit, including Rovers & Rangers actively participated. The participation of **25 Rovers & Rangers** volunteers in the annual athletics meet is a great example of their teamwork and commitment to supporting event.

The event was honored by the presence of Shri Virender Singh, Runner, as the chief of honor. He motivated the participants with his inspiring words and emphasized the importance of sports in building discipline, teamwork and fitness.

The meet featured various field and sprint events, including high jump, long jump, and short -put, 100mtr race, 1500mtr race and tug of war, where athletes showcased their talent, strength and determination.



The Rovers & Rangers unit volunteers of the college actively participated in various activities of these events. The Annual Athletic meet 2025 was a grand success, promoting physical fitness, teamwork and a spirit of healthy competition among students.



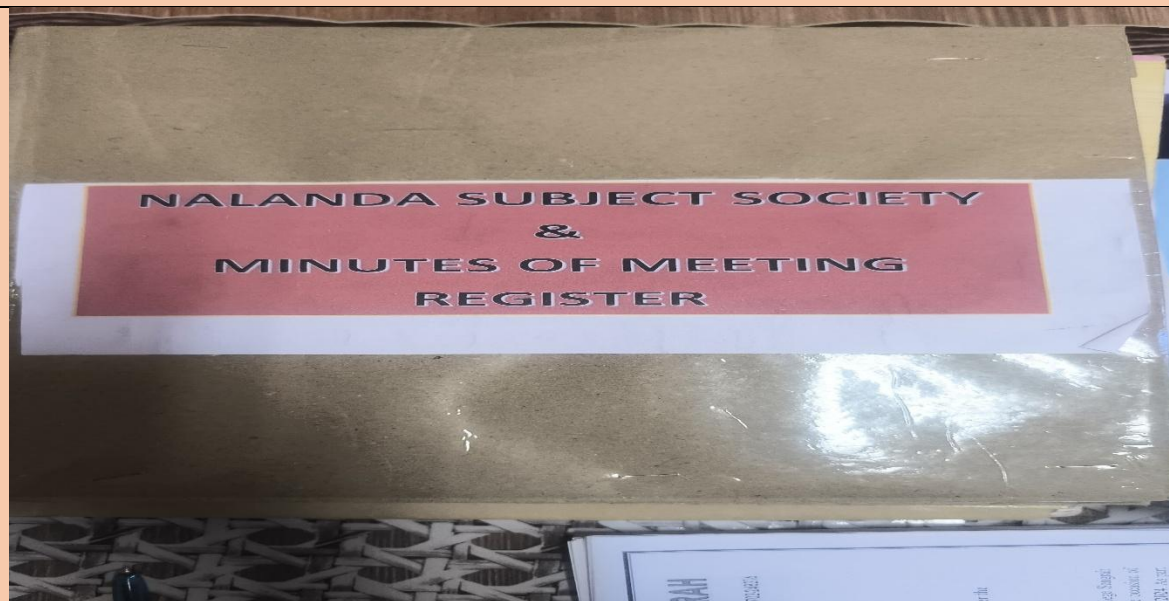
Convener of Bharat Scout & Guide
Chander Prakash Pathik (Rovers Unit)
Poonam (Rangers Unit)

Principal
Govt. College Sangrah

Greeny
Principal
Govt. College Sangrah
Distt. Sirmour H P



Nalanda Subject Society Department Of History



Meeting: Formation of Nalanda Subject Society

A new committee of Nalanda Subject Society for the academic session 2024-25 has been constituted by the Department of History, Government College Sangrah, with the kind permission of the Principal Dr. Meenu Bhaskar. The elected members of the committee have been selected on the basis of their merit in the annual examination. The committee shall function for the session 2024-25 to promote academic, cultural, and educational activities among students under the guidance of the History Department.

Committee:-

Sr. No	Name of the Members	Designation	Convener Members	Signature
1.	Dr. Meenu Bhaskar	Principal	Patron	
2.	Mr. Sandeep Kumar	Assistant Professor	Convener	
3.	Ms. Muskan Sharma	BA IIIrd	President	
4.	Manoj Kumar	BA IIIrd	Vice-President	
5.	Minakshi	BA IIIrd	Secretary	
6.	Sushant Sharma	BA IIInd	Joint Secretary	
7.	Shiwani	BA IIInd	Treasurer	
8.	Tamanna Kumar?	BA IIInd	Member	
9.	Ankita Sharma	BA IIInd	Member	
10.	Nihal Chand	BA IIIrd	Member	

Dr. Meenu Bhaskar
Principal
Govt. College Sangrah
Distt. Sirmour H.P.



Date:

A meeting of the Nalanda Subject Society Committee was held to discuss the organization of a one-day educational tour from GC Sangrah to Chandigarh (Rock Garden). The meeting was convened by Mr. Sandeep Kumar, Convener of the Society.

Key Points Discussed and Decisions Taken:

- Tour Objectives** – The educational objectives were discussed, focusing on giving students exposure to modern art, sculpture, and innovative architecture at the Rock Garden.
- Financial Contribution** – A nominal amount will be collected from each student to cover transportation, entry fees, and refreshments.
- Parental Consent** – Written permission will be obtained from the parents/guardians of the participating students.
- Accompanying Staff** – The following staff members will accompany the students:
 - Mr. Sandeep Kumar, Assistant Professor, History Department (Tour In-charge)
 - Mr. Hira Pal Sharma, PTA Chief Advisor
 - Ms. Anita, Clerk (for women safety and support)
- Transport & Itinerary** – Bus will be arranged for the trip. The schedule includes morning departure from GC Sangrah, guided visit to Rock Garden, educational activities, and return by evening.
- Discipline and Safety** – Students are expected to maintain discipline. First-aid and safety measures will be ensured during the tour.
- Documentation** – Attendance, expenditure, and a brief report of the tour will be maintained.

The meeting concluded with all members expressing confidence that the tour will enhance students' learning experience and understanding of art, culture, and heritage.

Sr. No	Name of the Members	Designation	Convener Members	Signature
1.	Dr. Meenu Bhaskar	Principal	Patron	
2.	Mr. Sandeep Kumar	Asst. Professor	Convener	
3.	Ms. Muskan Sharma	BA IIIrd Year	President	
4.	Ms. Lata Sharma	BA IIInd Year	Vice-President	
5.	Mr. Manoj Kumar	BA IIIrd Year	Secretary	
6.	Mr. Sushant Sharma	BA IIInd Year	Joint-Secretary	
7.	Ms. Shiwani	BA IIInd Year	Treasurer	
8.	Ms. Tamanna Chauhan	BA IIInd Year	Member	
9.	Ms. Tanisha	BA Ist Year	Member	
10.	Mr. Vinay Kumar	BA Ist Year	Member	

Dr. Meenu Bhaskar
Principal
Govt. College Sangrah
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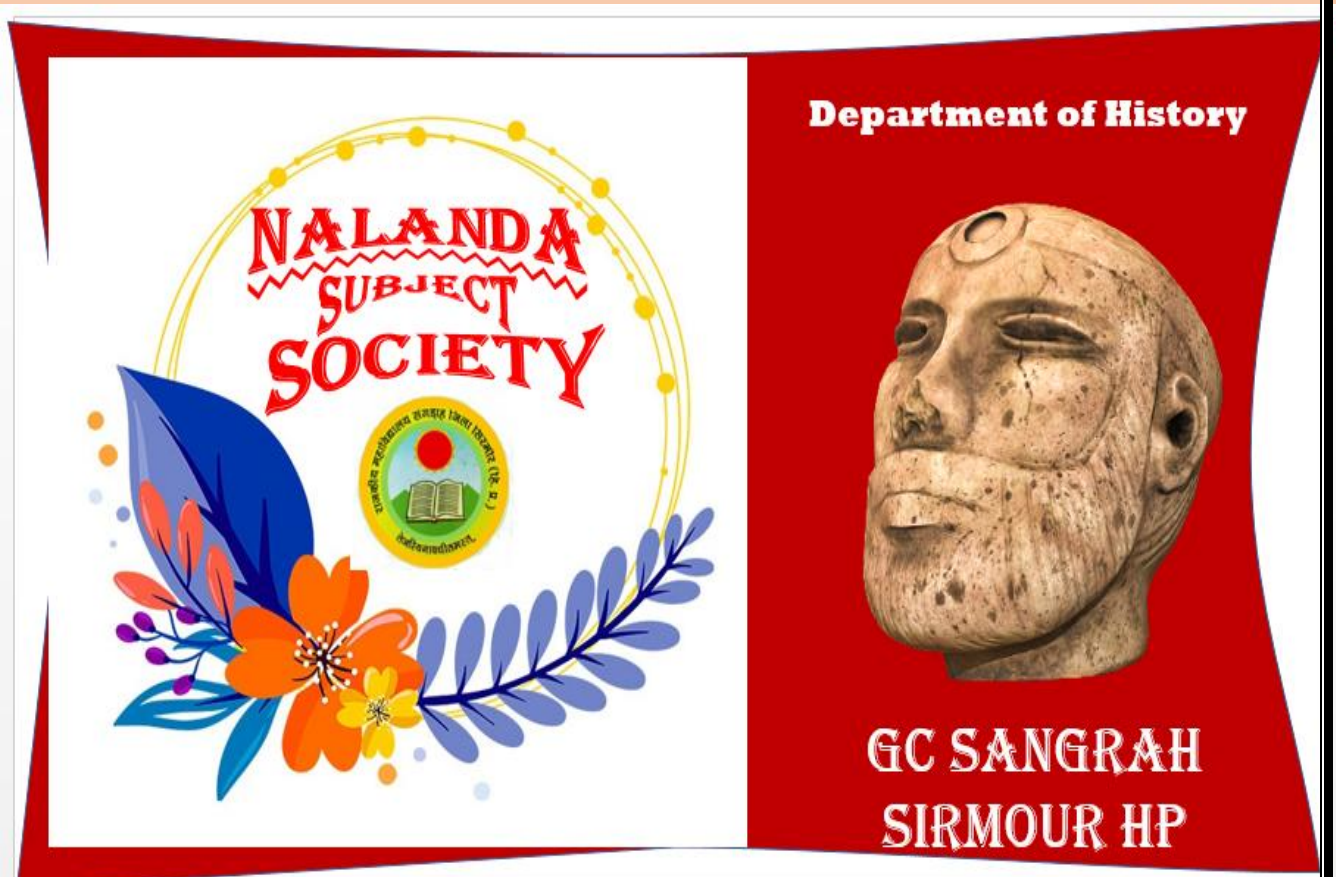
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एक दिवसीय शैक्षणिक पर्यटन: संगडाह से चंडीगढ़

नालंदा, इतिहास विभाग

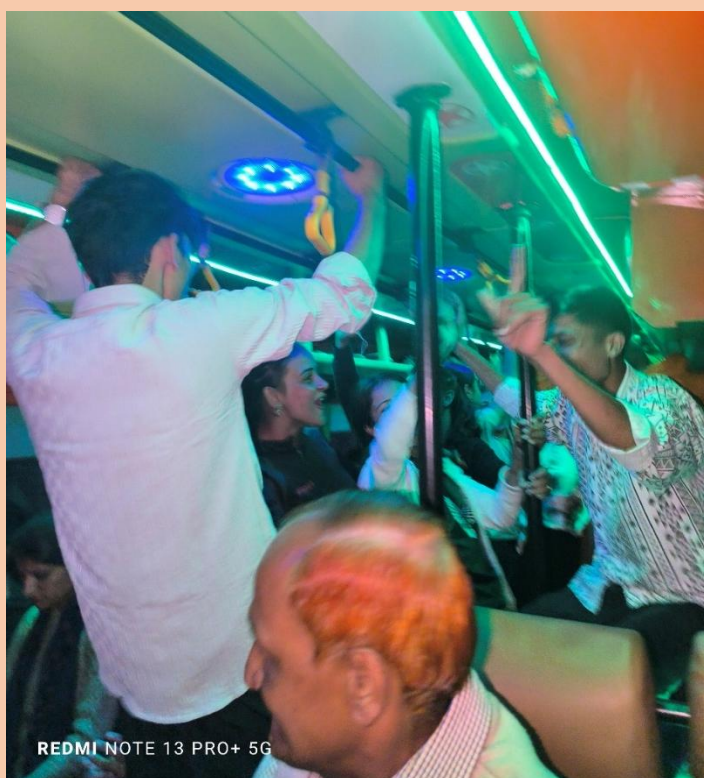


Session: 2024-25



एक दिवसीय शैक्षणिक पर्यटन यात्रा: आज दिनांक 20-10-2024 को महाविद्यालय संगड़ाह में एन एस एस इकाई और इतिहास विभाग कर संयुक्त तत्त्वधान से एक दिवसीय शैक्षणिक पर्यटन यात्रा, महाविद्यालय संगड़ाह से चंडीगढ़ तक आयोजित की गयी। इस यात्रा में इतिहास द्वितीय और तृतीय वर्ष के 42 विद्यार्थियों और एन एस एस इकाई कर 46 स्वयंसेवियों ने भाग लिया। इस यात्रा में विद्यार्थियों का मार्गदर्शन इतिहास विभाग के प्राध्यापक और एन एस एस

प्रभारी प्रो संदीप कुमार कनिष्क और शिक्षक अभिभावक संघ के मुख्य सलाहकार श्री हीरा पाल शर्मा जी ने की। इस यात्रा के दौरान विद्यार्थियों को रॉक गार्डन, रोज़ गार्डन, सुखना झील के निर्माण, इतिहास और आज के समय में इसके महत्व से अवगत करवाया गया।



यात्रा का आरम्भ: इस यात्रा का आरम्भ काली मिट्टी बाज़ार संगड़ाह से सुबह 5:15 बजे से किया गया. सभी विद्यार्थी तय किये गये समय पर बस के पास पहुँच गये थे. छात्रों को दो बसों में बराबर रूप से बिठाया गया और यात्रा का आरम्भ किया गया. पूरे रास्ते छात्र विभिन्न मनोरंजक गतिविधियाँ जैसे की नाटी और संगीत एवं पहेलियाँ बुझाना इत्यादि से यात्रा को आकर्षक और सुगम बना रहे थे. बस ददाहू, रेणुका, नाहन होते हुए 7:45 तक कालाम्ब पहुँची जहाँ छात्रों ने सुबह का नाश्ता ग्रहण

किया.

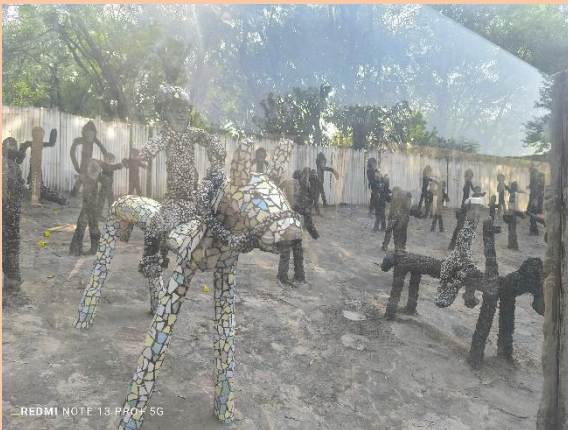


रॉक गार्डन, चंडीगढ़:- रॉक गार्डन (Rock Garden) एक प्रकार का उद्यान है, जिसे प्राकृतिक पत्थरों और रचनात्मक सामग्री से सजाया जाता है। भारत में सबसे प्रसिद्ध रॉक गार्डन चंडीगढ़ में स्थित है। इसे नेक चंद सैनी द्वारा 1957 में स्थापित किया गया था, और यह अब एक प्रमुख पर्यटक स्थल है। इस गार्डन को विशेष रूप से कचरे, टूटी-फूटी वस्तुओं और औद्योगिक सामग्री से निर्मित मूर्तियों और संरचनाओं से सजाया गया है। चंडीगढ़ का रॉक गार्डन लगभग 40 एकड़ में फैला हुआ है और इसमें अद्वितीय मूर्तियाँ, मानव आकृतियाँ, जानवरों के मॉडल और झरने हैं। यह स्थान कला और रीसाइक्लिंग का अद्भुत उदाहरण है।

यहाँ पहुँच के सबसे पहले एन एस एस प्रभारी श्री संदीप कुमार कनिष्क द्वारा सभी छात्रों के लिए टिकट खरीदे गये और उसके उपरांत सभी छात्र अनुशासित हो कर के रॉक गार्डन के अंदर प्रवेश करते हैं। इस तरह की अजूबों से भरी और अलग तरह की जगह आकर के सभी छात्र अचम्भित तो थे ही साथ ही प्रसन्न भी नजर आये।



छात्रों ने रॉक गार्डन के अंदर बने कंक्रीट और सीमेंट के वृक्षों, ब्रिज, टूटी हुई चीज़ों जैसे कि चूड़ियाँ, टूटे कप, मिट्टी के बर्तन, और बिजली के टूटे सामन से बने पुतलों देखा और श्री नेकचंद जी की दूरदर्शिता और कल्पना को सराहा भी। कहीं जानवरों के पुतले बनाये गये थे कहीं इंसानों के साथ में कहीं कहीं पहाड़ी संस्कृति



की झलक भी देखने को मिली। पुरे रॉक गार्डन का चक्कर पूरा करने में छात्रों को करीब 3 घंटे का समय लगा। बीच





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बीच में एन एस एस प्रभारी और इतिहास के प्राध्यापक श्री संदीप कुमार कनिष्क छात्रों के सवालों के जवाब भी देते रहे और उन्होंने विस्तार से इस गार्डन के इतिहास और महत्व पर प्रकाश डाला. इसके अतिरिक्त रॉक गार्डन में पत्थरों के बीच बने मछली घरों को भी छात्रों ने देखा और झूलों में बैठ कर अपना मनोरंजन किया.